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COWELL: 'X' MARKS THE SPOT {page 11}

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Binge drinking worsening at BU

Boston University official says number of alcohol-related hospitalizations and summonses 'uncomfortably high' during first two weeks ◗ Increased enforcement not helping so far ◗ 31 schools in collaborative group seeing same problem {page 04}

NICOLAUS CZARNECKI/METRO

DADT repeal. Harvard ROTC returns

▶ Harvard University students held signs in protest of ROTC being welcomed back on campus yesterday.

Since discontinuing its Naval ROTC program 40 years ago during the Vietnam War, Harvard University reinstated the military training program after yesterday's repeal of the federal "don't ask, don't tell" policy enacted during the Clinton administration. The move received mixed reactions — the Harvard president called it historic while others are demanding more equality. {page 02}

Sports

Battling it out in the East

Red Sox, Rays still hunting for the wild card ◗ Boston vs. Baltimore tonight ◗ Tampa Bay at New York {page 17}

Kutcher a man among 'Men'

Ashton seems a suitable replacement for Charlie, who scored a nice pay day {page 09}

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Despite repeal of DADT, groups call for further equality

Harvard welcomes back Naval ROTC program after 40 years · Celebrates historic day with ceremony · Students unsettled by conflicting policies

NICOLAUS CZARNECKI/METRO

▶ Harvard College Dean Evelynn Hammonds speaks with members of the Naval ROTC during a ribbon-cutting for the new ROTC office that will be opened on the Harvard campus.

While Harvard University welcomed back its Naval ROTC program after more than four decades following yesterday's repeal of "don't ask, don't tell," students objected the reinstatement by protesting outside the school's steps.

Holding signs like "Don't stain Crimson with blood," an informal group of students said because transgendered individuals are barred from serving in the military, the historic move bumped heads with the university's own nondiscriminatory policies.

"It's a partial victory," said William Whitham, 19. "Harvard has a clear policy, and it is inconsistent with military policy."

The group also criticized the school's involvement in "cultivating militarism" and handed out fliers saying Harvard should study war, not enlist for it.

A second group of advocates were set to sit on the steps of the State House last night to protest as well.

Sasha Kaufmann, state leader for GetEQUAL Massachusetts, an advocacy group fighting for LGBT civil rights, said the repeal "was a springboard" and would be celebrated, but more work needs to be done to gain equal rights for everyone.

Members of Kaufmann's activist rally gathered underneath the golden dome drawing attention to rules that keep transgendered Americans from serving their country.

"We are trying to bring a local message to the federal level," said Kaufmann.

The Bay State chapter's outcry was part of a nationwide protest.

It also targeted the inequalities same sex couples will still face while being able to openly serve in the military.

Kaufmann and her group issued a statement saying the victory, while significant, is still insufficient.

"Full federal and complete social equality for all members of the LGBT community is demanded immediately," the group said in a statement.

"We are not just celebrating, we are taking a moment to reflect on the progress that we have made and moving on."
SASHA KAUFMANN, STATE LEADER FOR GETEQUAL MASSACHUSETTS

40
Harvard President Drew Faust dedicated a new office to the university's reinstated Naval ROTC program yesterday after a 40-year hiatus. Faust called the move historic and said it reaffirms a shared interest that deepens reservoirs of talent.

STEVE ANNEAR
steve.annear@metro.us

In the news

Harvard expanding

Harvard University will begin work on launching and designing a health and life science center on Western Avenue in Allston, it told neighbors this week. Planning for a new, separate residential commons and retail space in the Western Avenue and North Harvard Street area will begin next month. METRO

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Two kilos of coke found in luggage

BOSTON. A New Jersey man was arraigned in East Boston District Court yesterday after he allegedly tried to smuggle two kilos of cocaine through Logan Airport.

According to police reports, Carlos Lanns, 24, was arrested just after 7 p.m. on Monday after arriving on a JetBlue flight.

U.S. Customs and Border Protection, troopers and customs officers reportedly found the cocaine hidden inside the insoles of various pairs of shoes in Lanns' checked luggage.

He was held on $300,000 bail. METRO

3-alarm fire hurts two firefighters

BOSTON. Two firefighters were injured fighting an overnight blaze in the Fort Point neighborhood.

The three-alarm fire was in a crossover between buildings at 27 Melcher St., fire officials said.

Dozens of firefighters battled the blaze, which broke out about 11 p.m. Monday.

Two firefighters were sent to the hospital with injuries that included a separated shoulder and another arm injury. METRO

Hub's 'most wanted' nabbed

TEXAS. One of Boston's most wanted suspects was nabbed by police, hiding out in a Texas trailer park.

According to police reports, the Boston Police Fugitive & Apprehension Unit caught Anthony Thames, 28, and charged him with the August murder of 33-year-old Raymond Lamar.

Thames had an outstanding warrant for the alleged murder and is waiting extradition. METRO

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NICOLAUS CZARNECKI/METRO

▶ Winslow watches Lindsay Thomas play beer pong.

Beer Pong and Politics

State Rep. Daniel Winslow is 53 years old and he has never learned to play beer pong.

That was expected to change last night at Wilson's unique fundraiser dubbed "Beer Pong and Politics" at a Boston bar.

"I need to be as accessible to the twentysomethings as I am to seventysomethings," said the Republican from Norfolk. "I was trying to find a way to connect with younger voters."

While the event included an open bar, participants actually played water pong because state law forbids drinking games at bars.

Winslow also used Facebook to promote the event — something Boston University communications professor Tobe Berkoviz said politicians "absolutely" must do to reach voters.

"You can get people to come to your event for beer, but the real question is will they get involved with your campaign and ... turn out to vote?" MICHAEL NAUGHTON

Party could be over for excessive drinkers at BU

- School joins group initiative to combat underage and binge drinking
- Stats from first two weeks showing big problems on campus already

Boston University officials are already concerned about the direction student drinking has taken this semester, and it's only two weeks into the academic year.

Peter Fiedler, BU's vice president of Administrative Services, said the school is participating in a program called the Learning Collaborative on High-Risk Drinking, which works with 31 area schools to combat binge drinking on campuses by sharing tactics.

Fiedler said so far, he doesn't like what he has seen.

"We are all concerned about the frequency and seriousness of drinking in the college environment," said Fiedler. "It's not starting out great this year."

By the numbers

BU drinking stats from weekend of Sept. 9-11, according to BUToday:

- **10** hospital transports
- **12** summonses for underage drinking
- **5** citations for public drinking
- **1** drunken protective custody
- **7** parties broken up

After the first weekend on campus, BU officials reported 10 hospital transports related to alcohol use and 12 summonses for underage drinking.

"There are side issues that come out of [binge drinking] like the risk of sexual assault and violent crime or injury from falling or car accidents. They all spin off from this use of alcohol."
FIELDER

Releasing the statistics is part of the working group's motive to tackle binge boozing on college campuses.

Fiedler said the collaborative is trying to "understand what the root causes of excess drinking [are] on campuses" and manage them through education and increased police enforcement.

They then study results of those management techniques and share them.

"It's a serious problem that seems to be getting worse," Fiedler added. "The numbers are uncomfortably high for the first two weekends, even though they have ramped up enforcement."

STEVE ANNEAR
steve.annear@metro.us

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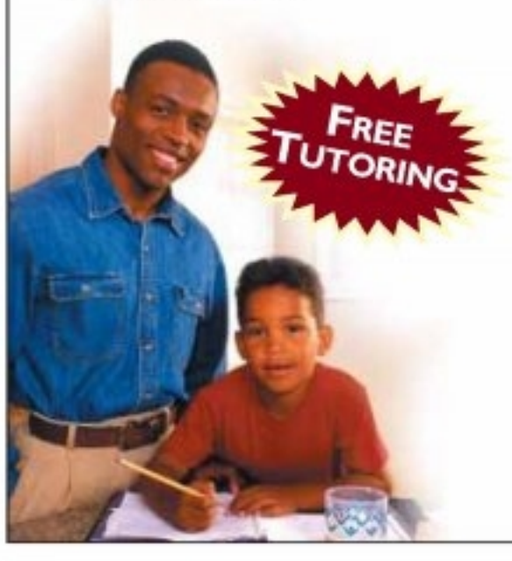
FOCUS On Children
Boston Public Schools

Who is eligible for SES? Parents with a child in one of the schools listed in this ad who is eligible for free or reduced-price lunch. There are 31 different qualified providers to choose from for tutoring, each offering different programs at different places and for different amounts of time.

Two additional tutoring agencies have been added as options for the 2011-2012 school year. **Tutors for All** (option# 30) and **Kinetic Potential Scholars** (option# 31). Currently, these providers are not listed on the new 2011-2012 SES application. Parents can choose these providers by writing these option numbers onto their SES applications.

The Boston Public Schools is a provider too! The 60-hour BPS programs are based at the schools listed in this ad. For general questions, please contact: **The Office of Accountability, Boston Public Schools, 26 Court Street, Boston, MA 02108; Phone: 617-635-6810** or visit the BPS website: **www.bostonpublicschools.org** and click on Resources → For Families.



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Chittick	Guild	Kenny	Ohrenberger	Winthrop
Clap	Haley	Manning	Philbrick	
Condon	Harvard/Kent	Marshall	Quincy Lower	
Conley	Hennigan	Mather	Roosevelt	

Elementary/Middle Schools

Curley K-8	Hurley	Lyndon	Murphy	Warren-Prescott
S. Greenwood	Jackson-Mann K-8	McKay	Perry	Young Achievers
Hernandez	Kilmer	Mission Hill	Tobin	

Middle Schools

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Edwards	Irving	Rogers		

Middle/High Schools
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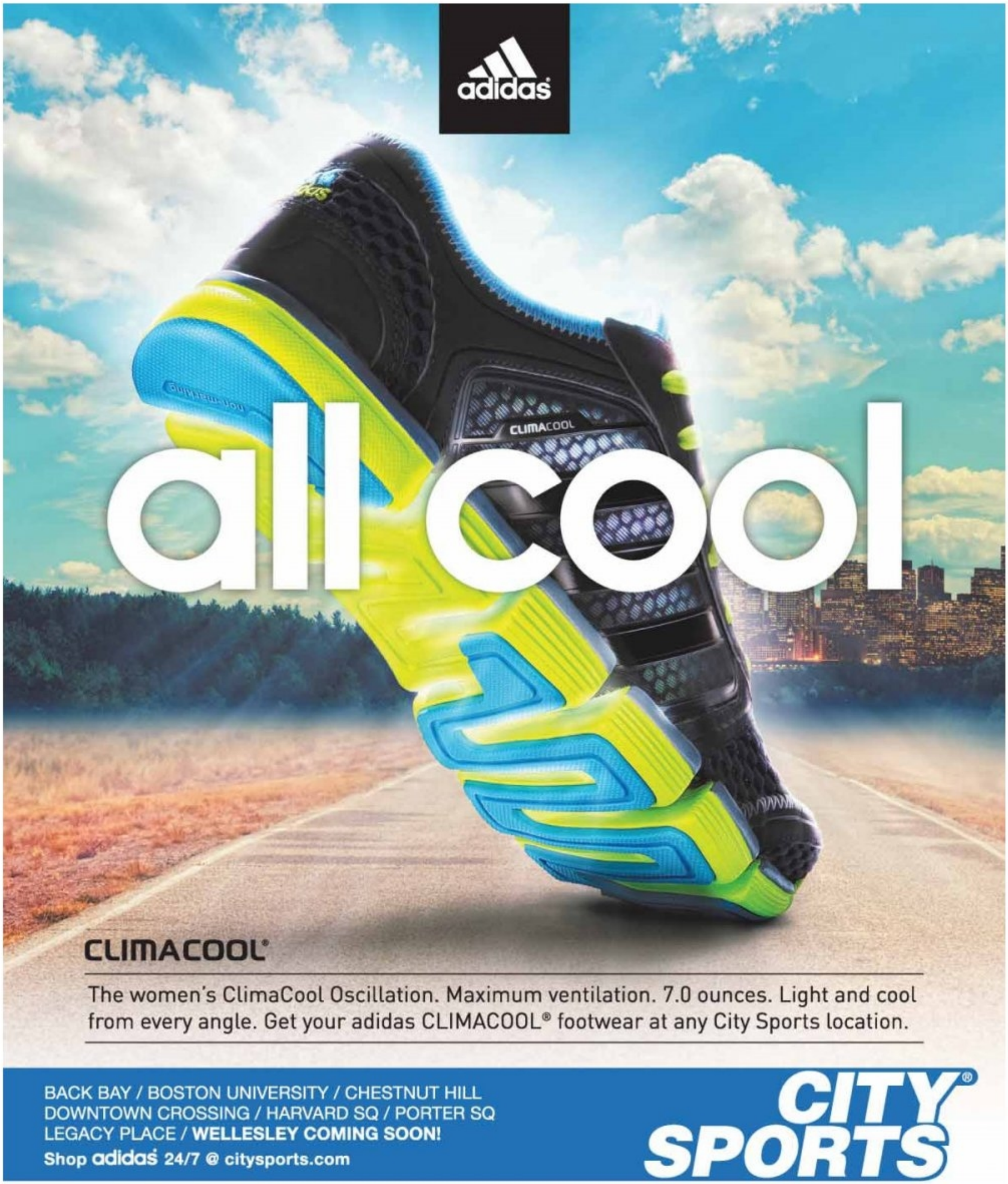
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Obama hails end of DADT policy

- Obama says gays will 'no longer have to lie' to serve
- 'Don't ask, don't tell' had been in place since 1993

President Barack Obama yesterday hailed the end of the policy banning gays from serving openly in the U.S. armed forces, as the Pentagon vowed "zero tolerance" for harassment of homosexuals in the military.

"Today, the discriminatory law known as 'don't ask, don't tell' is finally and formally repealed," Obama said in a statement. "As of today, patriotic Americans in uniform will no longer have to lie about who they are in order to serve the country they love."

The repeal went into effect yesterday, ushering in a new era in the U.S. armed forces. The law had allowed gay men and women to serve in the military only if they kept their sexual orientation a secret. They faced the threat of being kicked out of the military if they were open about their homosexuality.

14,500
Number of U.S. service members thrown out of the military since 1993 under "don't ask, don't tell," according to the Servicemembers Legal Defense Network.

Obama last December signed legislation to repeal the policy known as "don't ask, don't tell," which had been passed by Congress and signed into law in 1993 under then-President Bill Clinton.

Defense Secretary Leon Panetta made it clear that the U.S. military would not tolerate mistreatment of gays in the ranks.

"This is a historic day for the Pentagon and for the nation," he said. "We have a zero tolerance with regards to harassment," Panetta told a Pentagon briefing.

Gay rights groups for years denounced the law and called its end a important milestone in the fight against anti-gay discrimination. Some have compared its demise to the integration of the U.S. armed forces. REUTERS

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Court. SeaWorld

▶ Killer whale Tilikum drowned 40-year-old trainer Dawn Brancheau on Feb. 24, 2010.

Testimony: Whale was dangerous

The SeaWorld killer whale that drowned his trainer in 2010 in Orlando, Fla., was known for refusing to let go of objects he found in his pool, a senior trainer testified yesterday. SeaWorld is challenging federal safety charges against the resort. It faces a $75,000 fine and could be forced to end physical interaction between trainers and killer whales. REUTERS

Clemency denied for death row inmate

ATLANTA. A Georgia parole board yesterday denied a last-ditch clemency appeal by Troy Davis, who is now set to be executed today in a high-profile case for the murder of a police officer.

Davis' case has attracted international attention and became a focus for death penalty opponents because seven of nine trial witnesses have recanted their testimony, prompting supporters to say he may be innocent.

But two legal experts said yesterday's decision closes the most viable legal avenue for Davis in his bid to avoid execution. REUTERS

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Google+ finally gets around to the plus

NEW YORK. Google Inc. trotted out the latest improvements to "Google+" yesterday, expanding and ramping up its 3-month-old social network to try and take on Facebook for Web surfers' time online.

The Internet giant integrated its search engine into the social network and expanded its "Hangouts" video-chat feature to allow mobile use and broadcasting.

The company said on its official blog its well-received Hangouts feature — where up to nine people can link up and chat with a user on video — will be available on camera equipped smartphones powered by its own Android software. Support for Apple Inc. iOS devices "is coming soon," it added. **REUTERS**

JUNG YEON-JE/AFP/GETTY IMAGES

Technology. Litigation

▶ Samsung and Apple have been locked in intensifying legal battles in nine countries over their flagship smartphone and tablet products. Above: A Samsung.

Cellphone wars raging

Samsung Electronics is considering legal action to ban sales of Apple's new iPhone, a source said, in what could be its strongest step to defend against claims by the U.S. firm that the South Korean firm had copied its product designs. **REUTERS**

Turner: Murdoch will be forced out

◐ News titans fight it out in the headlines ◐ Former CNN owner says News Corp. boss should have known

Billionaire Ted Turner said News Corp. Chairman and Chief Executive Officer Rupert Murdoch will probably have to leave the helm of his media company after a phone-hacking scandal that began at one of its newspapers.

"I think he's going to have to step down," Turner, 72, said in an interview on Bloomberg Television. "He hadn't survived anything like this. This is serious."

News Corp. has come under fire this year over allegations its News of the World tabloid hacked into the voice mails of murder victims and paid police for stories. The public outcry forced the company to close the 168-year-old London newspaper and drop its $12.2 billion bid for full control of British Sky Broadcasting Group.

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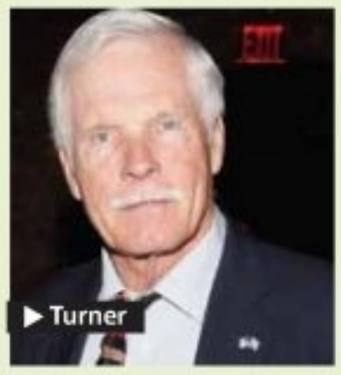
Murdoch and his son James, deputy chief operating officer at News Corp., were called before U.K. parliament in July to answer questions about the scandal. The elder Murdoch's statements that he didn't know about phone-hacking or police payments aren't sufficient, Turner said.

"Well, he should have known," said Turner, who sold his Turner Broadcasting — owner of CNN and TBS — to Time Warner in 1996. "He was chairman of the board. He's responsible. I took responsibility when I ran my company. You never heard me say, 'Well, I didn't know.'" **BLOOMBERG**



▶ Turner

Mogul spat: History of the rivalry

NEW YORK. Turner and Murdoch battled for years as they built their media empires. News Corp. started the Fox News cable network in 1996 to challenge CNN, eventually eclipsing the Turner network. Turner criticized his rival's tactics, saying in 2003 that Murdoch helped start the U.S. war against Iraq "because it's good for his newspapers and good for his television stations." **BLOOMBERG**

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THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

Hug it out, the movie

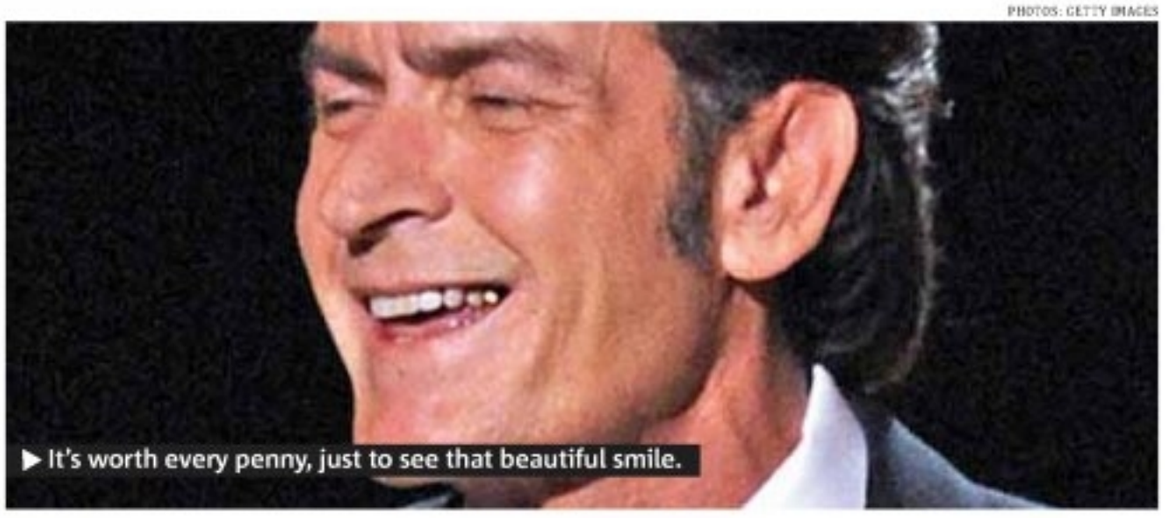
There's been speculation about an eventual "Entourage" movie now that the HBO series has ended, and executive producer **Mark Wahlberg** is happy to confirm it. "Yes, for sure. Yes," he tells Hollyscoop when asked if the jump to the big screen is taking place. Wahlberg says that all the events of the series finale leave the characters "teed up for a movie." There's no word on when the film would go into production at this time.

Everything is coming up 'Men'

Charlie Sheen has been making nice with his former show, "Two and a Half Men" — offering kind (if seriously awkward) words at the Emmys and tweeting about watching the Season 9 premiere — and now we know why. Sheen has reached a settlement with Warner Bros. over his dismissal from the show earlier this year, and according to TMZ, the actor will get an immediate $25 million payout, plus about $100 million in syndication profits over the next 10 years.

But that is just a drop in the bucket for the television show, which proved on Monday night that they'll be just fine without Sheen. A record 27.7 million viewers tuned in to Monday's premiere of "Two and a Half Men" to watch the cast "bury" womanizing bachelor Charlie Harper and introduce new star **Ashton Kutcher**. Even TV juggernaut "Dancing with the Stars" on rival ABC couldn't compete with those numbers; they "only" had 18.6 million tuning in to see the competition's first transgender contestant **Chaz Bono** do the cha-cha-cha.

PHOTOS: GETTY IMAGES



▶ It's worth every penny, just to see that beautiful smile.

So, basically, the takeaway from this is that "Two and a Half Men" can do no wrong — even kill of one of its most popular characters. If I were a cast member on "Glee" (cough, **Lea Michele**, cough), I'd be a little afraid right now.

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DOROTHY ROBINSON'S WORD BLOG

Talking points

Pitt doesn't do baseball

While "Moneyball" was a clear passion project for **Brad Pitt**, he's still surprised anyone involved in baseball let him do it, given his lack of history with the sport. "It's shameful how little I know about baseball. ... I'm amazed they let me do this movie," Pitt tells Sports Illustrated. "Baseball and I didn't get along that well. I wrestled one year [in high school]. I dove one year. Everything but baseball."

Williams has 'I quit' fantasy, too

Williams

Despite the acclaim she's been receiving for her upcoming films, **Michelle Williams** admits she's been fantasizing about leaving acting behind. "I often dream of quitting acting. Walking away and becoming a laundress or a sous chef, or maybe writing other people's love letters for a living," Williams tells Hobo magazine. "Clearly, I don't like to be in charge." But don't go writing the "My Week with Marilyn" star off just yet, as she admits that "thinking of quitting is just keeping going in disguise."

Don't mess with Lea Michele

"Modern Family" star **Sarah Hyland** has found herself in a war of words on Twitter with fans of "Glee" star **Lea Michele** after Hyland mocked Michele's red carpet poses while guest-hosting "Fashion Police" on the E! network (um, I hope they don't read what I wrote, above). "I did not intend for my comments to be taken in a malicious way. But I did hate the dress. Called her ass great. Did you all hear that one?" Hyland tweeted in response to rabid fans, who also accused Hyland of being jealous of Michele's success. "In no way am I jealous of Lea Michelle," Hyland shot back.

▶ Michele has rabid fans.

2

The feed ...

Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Charlie Sheen is burying the hatchet, Slash knows what he likes, Judd Apatow is finishing his next film and Sarah Silverman is hoping we can all agree on something.

▶ **@charliesheen**
Surrounded by friends and watching the premier of Two and a Half Men. Odd... But cool..! So far a lot of laughs!! Nice...

▶ **@Slash**
Watched "Bridesmaids" for the 2nd time on the way back to LA. Even better the 2nd time. Easily best comedy of the year.

▶ **@JuddApatow**
Tomorrow is the last day of our shoot of This Is Forty. It has suddenly gotten very sad around here. I am proud of our team. We gave our all

▶ **@SarahKSilverman**
Let's all make a pact to stop dressing our toddlers in sexy outfits

Silverman

myentertainment

'Two Men' and a Danson

▶ **1:** Heidi Klum at the Heathrow Airport yesterday in London.

▶ **2:** Brad Pitt (looking a lot like a younger Jack Nicholson) walked the red carpet at the premiere of his new film, "Moneyball"on Monday in Oakland, Calif..

▶ **3:** Actress Anna Faris attended the "What's Your Number?" Los Angeles Premiere on Monday in Westwood, Calif.

▶ **4:** Tyra Banks greeted fans and signed copies of her book "Modelland" at Neiman Marcus on Monday in Miami.

▶ **5:** Actors Ashton Kutcher, Jon Cryer (ugh, that suit!) and Angus T. Jones posed during the ceremony for Cryer's star on the Hollywood Walk of Fame on Monday.

▶ **6:** Ted Danson arrived for the "Late Show With David Letterman" at the Ed Sullivan Theater on Monday in New York City.

1: NIKI NIKOLOVA/FILMMAGIC
2: MICHAEL BUCKNER/GETTY IMAGES
3: ALBERTO E. RODRIGUEZ/GETTY IMAGES
4: ALEXANDER TAMARGO/GETTY IMAGES
5: FREDERICK M. BROWN/GETTY IMAGES
6: DONNA WARD/GETTY IMAGES

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September 22, October 12, November 15, December 6

Learning for Life's Work

fall tv guide: Fox

Defining an 'X Factor'

Simon Cowell looks for the next generation of singing stars on his new reality competition Why this isn't an 'American Idol'

The schedule

MONDAY

- 8-9 p.m. "Terra Nova"
- 9-10 p.m. "House"

TUESDAY

- 8-9 p.m. "Glee"
- 9-9:30 p.m. "New Girl"
- 9:30-10 p.m. "Raising Hope"

WEDNESDAY

- 8-9:30 p.m. "The X Factor"
- 9:30-10 p.m. "I Hate My Teenage Daughter"

THURSDAY

- 8-9 p.m. "The X Factor"
- 9-10 p.m. "Bones"

FRIDAY

- 8-9 p.m. "Kitchen Nightmares"
- 9-10 p.m. "Fringe"

SUNDAY

- 8-8:30 p.m. "The Simpsons"
- 8:30-9 p.m. "Allen Gregory"
- 9-9:30 p.m. "Family Guy"
- 9:30-10 p.m. "American Dad"

FALL TV GUIDE

Simon Cowell is calling it now: Fox's "The X Factor" is going to be a huge hit. "You don't enter something for the silver medal. You do it because you want to be No. 1," the ever-confident reality TV producer/judge says of his expectations to not only meet the success of "American Idol" with his new venture, but surpass it. "We're going to try and make it the best show on TV."

There's a lot on the line for the new talent competition, another singing contest Cowell has imported from Britain. The winner is guaranteed $5 million in cash in addition to a recording contract and a Pepsi-sponsored commercial to run during the Super Bowl. "If I didn't think that the talent was worth $5 million in America, I wouldn't have made the show in America," the infamously direct Brit says.

From left: L.A. Reid, Nicole Scherzinger, Paula Abdul and Simon Cowell are judge-mentors on "The X Factor."

RAY MICKSHAW / FOX

Tune in:

"The X Factor" premieres tonight at 8 on Fox.

Despite its pedigree, Cowell insists that this is not an "Idol" clone. "The X Factor" is open to both solo artists and groups, ages 12 and up. Contestants will be broken up into four categories: girls ages 12 through 30, boys ages 12 through 30, individuals over 30, and groups. Also, the judging panel — including Cowell, "Idol" mate Paula Abdul, former Pussycat Doll Nicole Scherzinger and record producer L.A. Reid — will serve as mentors.

"We see this as a game-changer," Cowell says. "We're going to try and find a completely different kind of contestant. Our job as judges is to find people who've got star quality [and] turn them into stars. And I've got a panel who can do that."

AMBER RAY
amber.ray@metro.us

The other judges

L.A. Reid on the sheer number of wannabe stars: "We're seeing more talent in a day than I could see perhaps in a year in my job as a record executive. We are auditioning sometimes 50, 60 contestants a day. I may see 50, 60 in a two-year period."

Nicole Scherzinger, on empathizing with contestants: "I've been in that exact place. That's how I got my start 10 years ago, through that exact audition process on 'Popstars,' and I know exactly what they are going through. I come from a different place of compassion and understanding."

Paula Abdul on the caliber of singers: "[Contestants] understand the record business, of having to have your own definitive, unique 'something special' that is not copycat to other artists."

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October 28 – December 3

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October 12 – 14

Mozart in Vienna
Handel and Haydn Society
September 23 & 25

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fall tv guide: Fox

Scene-stealers: 'Terra Nova' dinosaurs

In the year 2149, humanity's only hope for survival on a dying Earth is to travel 85 million years in the past. The Shannon family is among the pilgrims sent back in time to resettle in the colony known as Terra Nova, where political strife threatens this second chance at civilization. But a splinter colony is nothing compared to the man-eating dinosaurs.

"We got a visual effects team together that has literally created new technologies to make it possible," executive producer Brannon Braga says of the effort required to make dinos come to life week-to-week on the small screen.

"A lot of visual effects houses that were approached about the project said, 'Can't be done. ... No matter how much money you have,'" adds executive producer Rene Echevarria.

FOX

▶ The "Terra Nova" dinosaurs.

The pair credits advances in motion capture and new software for the effects wizardry. They also got Steven Spielberg — who wowed audiences with cutting-edge special effects in "Jurassic Park" — on board as a producer. Remember those Velociraptors? Just wait till you meet the Acceraptor terrorizing Terra Nova.

"The Slashers [the colonists' nickname for Acceraptors] that you see in hour two are spectacular," promises Echevarria. "They really do they represent the latest paleontological thinking of what dinosaurs might have actually looked like. And you've never seen anything like them."

AMBER RAY

Tune in:

▶ **"Terra Nova"** premieres Sept. 26 at 8 p.m. on Fox.

Ups and downs

'New Girl'
The "adorkable" new girl moving in with three dudes after a breakup has her own theme song — "Who's that girl? It's Jess!" — and does this hubba-hubba thing with her glasses (thick frames, of course) when she sees a cute guy. At any moment, the twee factor could go saccharine — but Zooey Deschanel gives the character a smart quirkiness, never playing her as a vulnerable little girl lost. **(Tuesdays at 9 p.m. on Fox)**

'I Hate My Teenage Daughter'
Hate is a strong word, but it's apropos when talking about this mess of a sitcom. It's exceedingly difficult to like anything presented in the pilot, which introduces two uncool moms (Katie Finneran and Jaime Pressly) who live vicariously through their daughters. The teens are ungracious, undisciplined brats; the moms are afraid of them. What's funny about that? **(Premieres Nov. 30 at 9:30 p.m. on Fox.)** METRO/AR

TV watch list

'Revenge'

DRAMA. Revenge is sweet — especially if you love watching the rich and beautiful do very bad things. Emily Thorne (Emily VanCamp, inset) is our payback-seeking heroine who descends upon the Hamptons under the guise of a vacationer. She's really there for retribution in the name of her father, who was wronged by the community's most prominent members 17 years ago. And in the name of all dramas deliciously melodramatic, this is a must-see. **Series premiere, 10 p.m., ABC**

'CSI'

DRAMA. Ted Danson arrives as new boss D.B. Russell, a family man who is — gasp! — happy. It's a mood not often seen on this procedural, so it's not surprising he clashes with Catherine (Marg Helgenberger, who is set to leave the series this season). As for old boss Langston, viewers will find out what happened after he killed murderer Nate Haskell in last season's cliffhanger finale. **Season premiere, 10 p.m., CBS** METRO/AR

MTV2 must-see

Fantasy finally becomes reality with Lingerie Football League, LIVE on MTV2 every Friday night this fall. Tune in at 10 p.m. this Friday to watch Cleveland Crush take on Baltimore Charm.

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Style

Best of London Fashion Week

▶ The best surprise: Burberry Prorsum's Africa moment

Granted, the brand's ethnic-looking resort collection hinted at the fact that Christopher Bailey would be looking to Africa for spring. Still, it was a pleasant surprise to see the old heritage brand going left-field with wild wax prints and traditional African shapes. ● KENYA HUNT

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Zombies return from the grave

▶ Tonight, the Zombies play Showcase Live (23 Patriot Place, Foxborough). For more info, visit www.showcaselive.com.

On the Zombies' biggest hit, they sang that it was the time of the season for loving. It was a call to hearts in the Summer of Love of the late '60s, but by the time the song was released, the Brit band had already called it quits. Although absent as a group, they left behind a curiously titled classic album called "Odessey and Oracle," which many cite as a highly influential artifact from the psychedelic era.

Since reforming in 1990, the band has enjoyed a few bursts of activity and produced three new albums, including this year's "Breathe Out, Breathe In." But singer Colin Blunstone says he often wonders what the world would be like if the band had never split.

"We were 18 and 19 years old, and we hadn't really established a musical identity — and we had to do that in the glare of the spotlight over the next three years," he says of when the group had their first hit in 1964. "People might've thought we were the finished article because we had recorded 'She's Not There,' and in fact we were still looking for a way ahead, musically. ... I think we just about found it with 'Odessey and Oracle.' It would've been interesting to see what we would've done next, so there's a little bit of sadness for me because it was the end of the band, but also a lot of curiosity because I'd like to know what might've happened."

PAT HEALY
pat.healy@metro.us

'Breathe Out'

The new album is not quite the logical progression from the delicate pop symphony of "Odessey." The songs have harder edges, but many of the trademark Zombie sounds are present: the effortless harmonies, the prevalence of Rod Argent's keys (whether they be swirling organs or perfect piano plunks), the wistful ballads and Blunstone's wispy voice — which sounds as clear as ever. At 66, this is amazing.

▶ "I try to make sure that I do my singing lesson when we're on the road," he says. "I do it twice a day."

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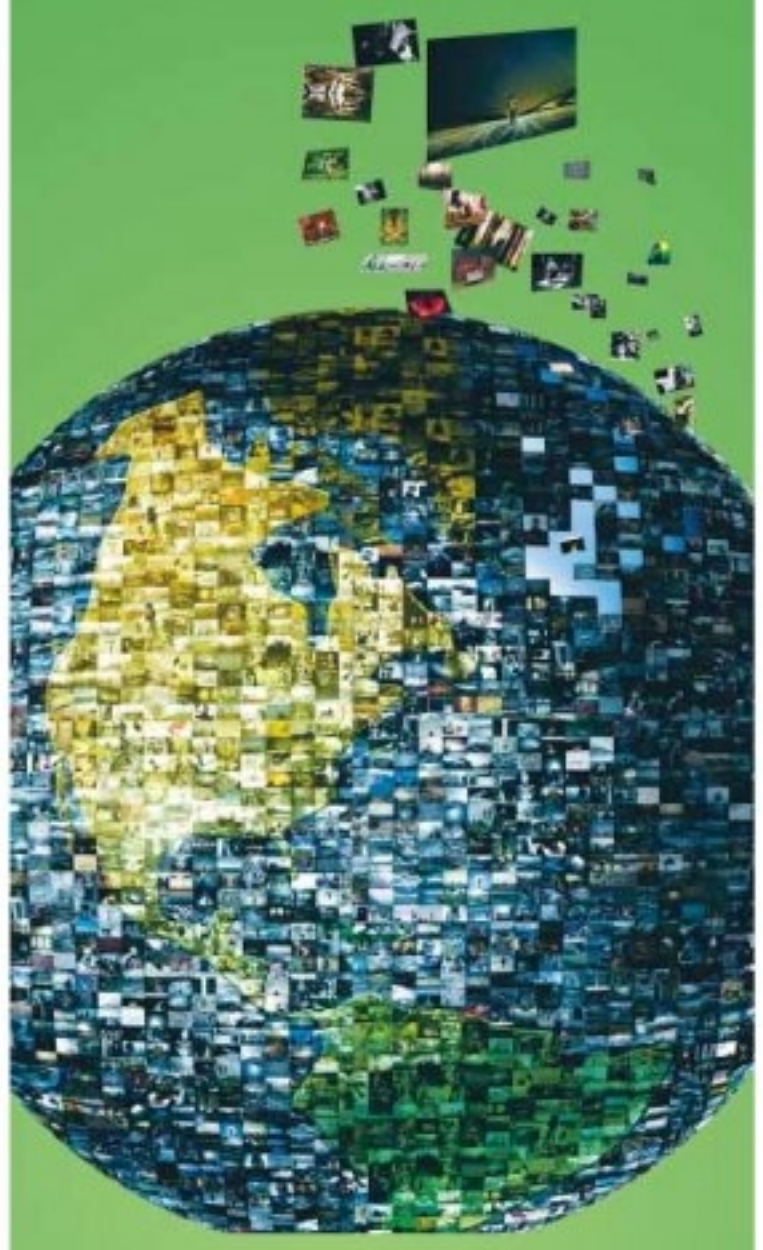

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Learning for Life's Work

mywellbeing

Why whole grains matter

OK, seriously — put away the white bread Why choosing whole grains is so good for your health

Appropriately, September — the northern hemisphere's traditional harvest time — is designated National Whole Grains Month.

"A whole grain has the perfect combination of nutrients to allow for easy digestion and assimilation by the body," says CraveHealth.com nutritionist Kendra Strasburg, CHHC, AADP. "Whole grains are an excellent source of essential enzymes, iron, dietary fiber, vitamin E and the B-complex vitamins. The majority of a grain's nutrients are found in the germ and bran, and without these in the grain, it becomes more difficult to digest."

It's the bran and germ that are missing in refined grains.

"Whole grains contain three main components — the germ, endosperm and bran," says Strasburg. "Combined, they contain a nice balance of fats, proteins and carbohydrates to allow for stable blood sugar levels and slow, easy digestion, sustaining energy levels for a long period of time."

Still, whole grains contain carbohydrates and calories, and a healthier diet isn't about adding more — it's about taking the refined grains away.

"Just because you're having brown rice or whole-wheat pasta, that doesn't mean you get to eat twice as much," warns Nutrition Diva podcaster Monica Reinagel, MS, LN. "Even if you're choosing whole grains, you still need to watch portion sizes and number of servings."

LINDA CLARKE
letters@metro.us

PHOTOS: GETTY IMAGES

▶ Stocking up on whole grains isn't just good for your health. From now until the end of September, visit www.wholegraincouncil.org for a chance to win a $5,000 grocery spree and a year's worth of Quaker whole grain products or an iPad preloaded with health and wellness apps.

How much should you eat?

FDA guidelines recommend six to 11 servings of grains per day, at least half of them whole grains. Just how much is one serving?

- ½ cup of cooked oatmeal
- ½ cup cooked 100 percent whole-grain pasta
- ½ cup cooked brown rice, quinoa or whole-grain barley
- 1 regular slice of 100 percent whole-grain bread
- 1 cup of whole-grain, ready-to-eat cereal

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mywellbeing

Is it normal, or is it time to get help?

▶ You should both be into it. But a little side fantasy? Totally normal.

GETTY IMAGES

Here's another edition of "Is it normal?" questions from readers. Concerned about whether your behavior or thinking is normal? Then send your questions my way!

Is it normal to fantasize about my house burning down because I want to start over?
No, it is not normal, nor is it productive. A strong desire to start over is normal, so spare being an arsonist and find a healthier way to do it. Find out what you want out of life; then, come up with a sensible strategy to achieve it.

My wife never wants to have sex with me. Is that normal?
No, it is not normal or healthy for the relationship. It's symptomatic of problems in your relationship. Find out why it isn't happening, get help if need be and hopefully introduce intimacy.

Is it normal that I get anxious entering crowded gatherings or social settings?
Yes, it is normal. If it's debilitating or you avoid social situations altogether, it's a more serious concern and warrants help. The good news is that social anxiety responds well to therapy and you can learn to face those crowds with poise and calm.

– Jonathan Alpert is a licensed psychotherapist. E-mail him your questions at jonathan@jonathanalpert.com

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Q&A

I sometimes fantasize about kissing people other than my husband. Is this normal?

▶ Yes, but if it starts to distract you from your relationship, it's a problem. If you call your husband by someone else's name, that's also a problem.

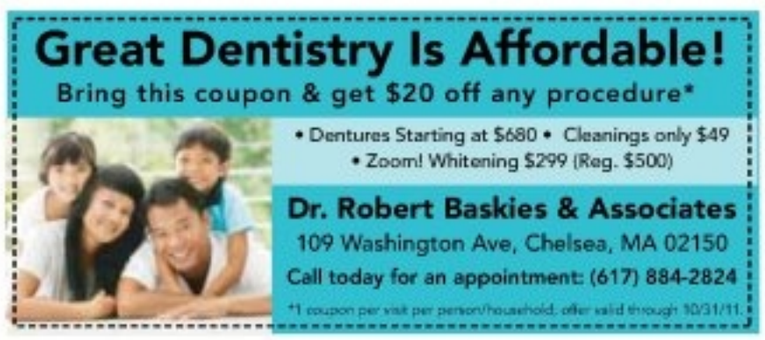
Health news

Beats being put on hold ...

Now, in addition to booking things like flights and restaurant reservations online, you can schedule a doctor's appointment at the click of a mouse. ZocDoc.com, which just launched in Boston, allows you to sort through doctors in 40 different specialities and is synched up with physicians' computer schedules so that you have access to the most updated availabilities. Forget waiting eternity for an appointment — 40 percent of ZocDoc's users snag an office visit in under a day, and 60 percent get one within three. You can review a physician's credentials, insurance policies and patient reviews on the site, and ZocDoc will also tell you if you'll be seeing the doctor or a physician's assistant.

▶ Now you don't have to reach for the phone when you're feeling sick.

MEREDITH ENGEL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Letters

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The left spews vicious slurs

Lying attacks on the Tea Party movement have disturbingly increased in recent days. Liberals are afraid of the Tea Party movement not only because the policies it advocates are in sharp contrast to their desire to grow government, but also because every day, more Americans realize that they are actually Tea Partiers themselves. People of all races, creeds and colors are carrying signs that say "stop spending" and "balance the budget." They used to be known as mathematicians and accountants; today the progressive liberals call them terrorists and racists. ROMAN STOCKTON, VIA E-MAIL

The bankers' police squad

It is clear that the sole intent of police actions this weekend against protestors on Wall Street has been to suppress free speech and discourage participation. One woman was arrested for wearing a mask on the back of her head! The authorities at every level are protecting the wrong people. CHARLES MICHAEL COUCH, VIA E-MAIL

Surprise: Man wears blinders

RE: "HISTORY LESSON ON THE LADIES": It doesn't surprise me that Mr. Burstyn isn't aware of the second-class status of women in the '60s. A friend of my mother's was not allowed to buy a car, even though she was paying cash. The dealership sent her home to get her husband so that he could come and sign the papers. The year was 1963. BARB MILUSKI, VIA E-MAIL

Who's playing stunts here?

RE: "OBAMA OFFERS $3T DEBT PLAN": Your article about Obama's plan reports: "Republicans rejected it as a political stunt." Huh? Obama has a balanced plan to cut spending and end the (unnecessary) Bush tax cuts for the rich. Our debt is real. It is the Republicans who are playing political stunts. HARRY THORN, VIA E-MAIL

Tax us all — but equally

Whatever happened to the flat rate tax? Everyone pays the same rate — say 15 percent — regardless of income. No deductions, no exemptions, no loopholes. Everyone gets taxed the same, government gets to downsize — no IRS, no special interests, no PACs. How much fairer can it be? EDWARD MENOLD, VIA E-MAIL

E-mail your letters: **letters@metro.us**
Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact information.

Horoscope

♍ Virgo **Aug. 23-Sept. 22.** Even if you can't totally pay off a financial obligation, it's to your advantage to try to ameliorate a portion of it.

♎ Libra **Sept. 23-Oct. 23.** Go ahead and assert yourself for everybody's collective benefit, not just for your interests alone. It's to everyone's advantage to exert a group effort rather than making points with merely one voice.

♏ Scorpio **Oct. 24-Nov. 22.** Nobody is likely to be lucky in getting others to hear only one voice today, but getting others to speak out collectively could be to everyone's advantage.

♐ Sagittarius **Nov. 23-Dec. 21.** If you encounter a person whom you were once very close to but have been somewhat estranged lately, act friendly. It would be to your advantage to get together again.

♑ Capricorn **Dec. 22-Jan. 19.** Be careful not to become demanding in a delicate development that requires cooperation. If you are arrogant, you'll have to fend for yourself.

♒ Aquarius **Jan. 20-Feb. 19.** It would be asking for trouble to demand cooperation of others if you find their behavior to be arrogant. You can't control how they comport themselves, so set an example.

♓ Pisces **Feb. 20-March 20.** Move extremely cautiously with your financial affairs. Don't take any risk, or encourage others to do so. Losses could be greater than usual.

♈ Aries **March 21-April 19.** If you feel compelled to make a decision under pressure, be careful, because your judgment might not be up to its usual standards. Don't let others usurp your independent thinking.

♉ Taurus **April 20-May 20.** Use your common sense and don't attempt to do something on your own that takes two pairs of mitts to handle. Don't put yourself in jeopardy trying to prove how strong you are.

♊ Gemini **May 21-June 20.** Guard against inclinations to take any comments seriously that you know should be treated as jokes. If you are the butt of a harmless tease, laugh harder than your friends.

♋ Cancer **June 21-July 22.** People in general, including you, could have low flash points. Nobody expects you to be perfect at all times, but even if you can't control someone else's behavior, rein in your own.

♌ Leo **July 23-Aug. 22.** If something annoys you, instead of bringing it out in the open you might choose to grumble and growl under your breath, causing others to wonder what's wrong. BERNICE BEDE OSOL

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65 Applied henna
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67 Go __ (lose it)

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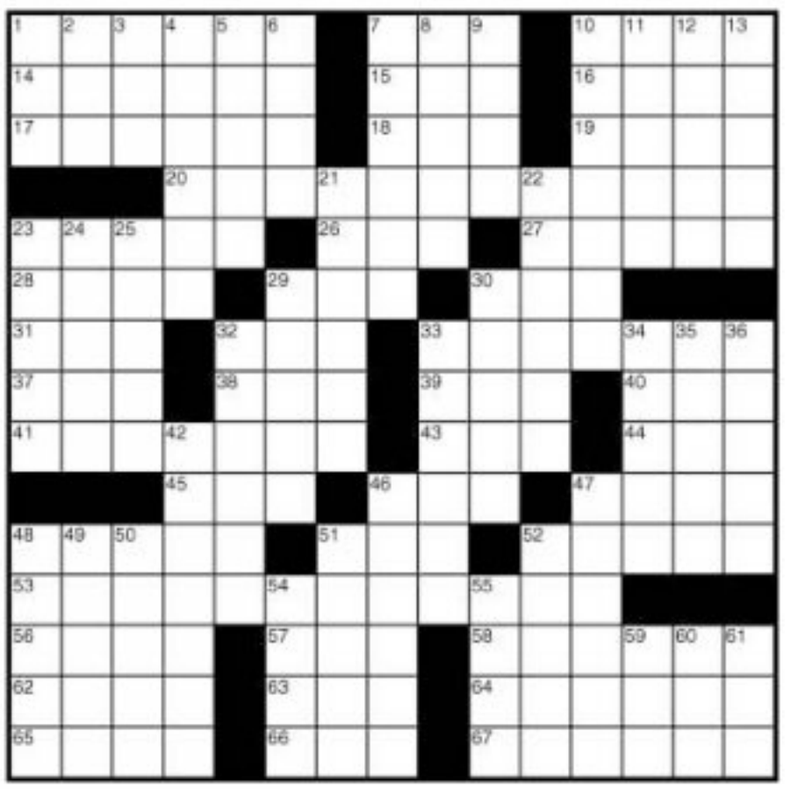

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SUDOKU **LEVEL: EASY**

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	7			8		9		6

SUDOKU **LEVEL: HARD**

Solution to yesterday's crossword

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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The show that launched 1,000 fights

UFC president Dana White made no bones about it: The promotion wouldn't be what it is without "The Ultimate Fighter."

The popular reality show, White told Metro, was "the thing that really catapulted [the UFC] to the next level."

Thirty-two mixed martial artists are hoping "TUF" — which opens its 14th season tonight on Spike TV — will do the same thing for them.

Marcus Davis, for one, knows all about that. The Maine-based fighter's experience on Season 2 of "TUF" was no storybook — he was knocked out of the tournament early, and said he ended up in the hospital with MRSA. But it did make him valuable connections that turned into a lengthy UFC career.

"It opened up a lot of doors," Davis told Metro. "I made a lot of friends."

One of this season's coaches, Michael Bisping, promised fireworks between himself and counterpart Jason Miller.

"He definitely lived up to his reputation as something of a clown," Bisping said. ADAM SMARTSCHAN

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Sox waste chance to up playoff lead

Late lead evaporates against Baltimore · Meanwhile, Tampa Bay falls at New York · Advantage still just two games · O's on tap again tonight

The Rays' bats came up empty last night in New York, giving the Red Sox a golden opportunity to gain ground in the race for the AL wild card.

They were poised to take it, too. Until the bullpen ran out of gas.

Robert Andino socked a bases-loaded double off Jonathan Papelbon in the eighth inning, shocking Fenway Park and giving the Orioles a 7-5 victory. That kept the Sox (88-67) from gaining a full game on the Rays, who were blanked 5-0 in the Bronx.

The wild-card lead is still two, and the chase for the division is essentially over.

Boston has seven regular-season games remaining — tonight's series finale against Baltimore, three at New York over the weekend and three on the road against the Orioles next week.

Tampa Bay has nine left to play. They're at New York for two today and one tomorrow, then return home for three-game sets against the Blue Jays and Yankees.

The Rays did their best to play their way out of the playoff chase yesterday, spotting the Yankees a 4-0 lead in the second inning and scattering just six hits.

The Sox, meanwhile, scored first against the Orioles, and quickly bounced back from a four-run Baltimore third. Things looked academic ... until the eighth inning.

Daniel Bard gave up a leadoff single to Matt Wieters, then another hit after a strikeout.

Papelbon relieved him with two on, striking out Chris Davis. But Nolan Reimold's shallow single loaded the bases, and Andino emptied them with a double.

The Sox offense looked promising in the ninth, but couldn't quite do enough. METRO

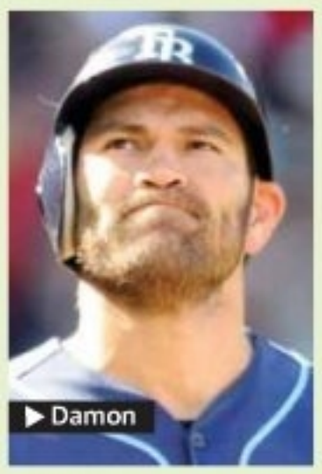
GETTY IMAGES

▶ The Red Sox failed to capitalize on the Rays' loss last night.

On the air tonight

Red Sox vs. Orioles
7:10 p.m., NESN, WEEI

3
Consecutive multi-hit games by Adrian Gonzalez. Even in the midst of the slump, the 1B has kept his OPS in the mid-.900s and batting average in the mid-.300s.



▶ Damon

Red Sox fans: Go Yankees!

Better lay off the "Yankees suck!" chants this month.

If they do, the Red Sox might very well miss the playoffs.

The Rays play New York six more times. In an odd switch, Sox fans need the Yankees to (gasp!) win.

"It's not too often that you see that," said Johnny Damon, a veteran of both sides of the rivalry. METRO

Praying for rain

Even weathermen are raining on John Lackey's parade these days. He has the highest ERA in the majors.

Channel 7's Jeremy Reiner offered this assessment yesterday:

"The good news is, I think we can get the threat of showers out of New England in time for the Sox game tonight. The other good news is ... John Lackey isn't pitching tonight."

Ouch! METRO/JG

Sports in pictures

1 **Zdeno Chara** suffered a contusion when he took a shot to the left knee during practice this week.

2 Negotiating staffs from the **NBA** and players' union plan to meet today without top brass like **David Stern**, reports said.

3 The boards of regents at **Texas** and **Oklahoma** have given their OK for the colleges to formally apply for membership in the Pac-12. METRO

No word on how Pats will look minus star TE

Hernandez is expected to miss Bills game with MCL sprain The game plan isn't in yet, coaches say

Patriots brass was predictably coy yesterday as to how the team will handle the absence of tight end Aaron Hernandez this weekend against the Bills.

The rising star is expected to miss the game with an MCL sprain. He has 14 catches for 165 yards on the season.

"We have a lot of different guys that play," offensive coordinator Bill O'Brien said yesterday. "We're in the process of game-planning right now. We're going to head out to practice [today] and we're going to start putting that first and second half game plan in and go from there."

Personnel czar Nick Caserio said the Pats' look Sunday will be dictated by what they think the Bills can handle.

"We haven't even started practicing, so we don't even exactly know where we're going to be come Sunday," he said.

METRO

On the air Sunday
Patriots at Buffalo
1 p.m., CBS, 98.5 FM

GETTY IMAGES

▶ Hernandez has been one of the Patriots' most effective offensive players this year.

National analysis

LIFE WITHOUT MANNING NO FUN FOR COLTS

▶ Collins

The situation is becoming increasingly ominous for the Indianapolis Colts, who on Sunday fell to 0-2 for the first time since Peyton Manning's 1998 rookie season.

It will only get worse the longer Manning is unable — and Kerry Collins is "able" — to play. And it still remains a possibility that Manning could miss the entire season.

With Manning, they were only 1-1 after two games last season ... but the offense averaged 436.5 yards per game.

With Collins under center this year, the Colts are putting up just 260.5 ypg, and converting only 21.7 percent of third-down tries.

That's trouble.

Over the past 13 seasons, there hasn't been a quarterback more directly involved with his team's success than Manning — and that's reinforced every time Collins fails to move the ball.

Between 3:09 remaining in the third quarter to 3:23 remaining in the fourth in Sunday's loss to the Browns, Indy had five three-and-outs. Pittsburgh will eat their lunch if that continues this Sunday night, and it's hard to say they'll be favorites anytime soon.

It was once unthinkable, but these Colts may very well find themselves unwilling participants in the Andrew Luck sweepstakes.

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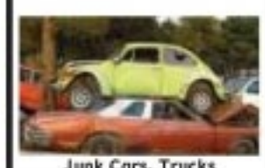

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The neighborhood of North Station?

Simpson Housing hopes that The Victor will breathe life into the area known as the Bulfinch Triangle

Construction on a luxury apartment tower in the Bulfinch Triangle area began last month, the first step in creating a more neighborhood-like atmosphere near North Station.

The Victor will have 286 apartments, 138 garage spaces and 17,000 square feet of retail that developers are hoping will include a full-scale restaurant.

The property, located on the corner of Causeway and Beverly streets, is currently a vacant parcel created as a result of the destruction of the Central Artery. The developers, Simpson Housing, LLC, are leasing the land from the state. The tower will include a glass-curtain wall and will face TD Garden and the Zakim bridge.

"This parcel is a missing tooth in terms of the void the Central Artery created between the North End and West End," said Patrick McMahon, a vice president with Simpson Housing. "We are one of a couple parcels that will help to fill that void. The addition of our building should underscore the area as a place to live."

"This parcel is a missing tooth in terms of the void the Central Artery created between the North End and West End."
PATRICK MCMAHON

The tower will include studios up to two bedrooms with dens, said McMahon. It will also have a health club and garage parking. Rents will range from $2,000 to more than $3,000.

The $140 million project is set to be done in 2013.

CHRISTINA WALLACE
christina.wallace@metro.us

▶ This is a rendering of the front elevation of The Victor on Causeway Street.

ADD, INC.

Other new developments in the pipeline in the Bulfinch Triangle

▶ A residential and retail complex by Trinity Financial on Canal Street is expected to include a supermarket.

▶ A mixed-use complex on the Government Center garage site is expected to include 2.4 million square feet of residential, office, retail, parking and hotel space.

▶ The Merano is a complex that will sit on Causeway and Beverly streets and is expected to include retail, residential, hotel and office space.

(Source: Boston Redevelopment Authority)

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REAL ESTATE ON THE GO!

FORECLOSURE PROTECTION UPDATE

By Attorney George Warshaw

While an owner of an apartment acquired through foreclosure typically has the right to require tenants relocate, a tenant can't be forced to move right away.

If you're renting an apartment or a home, it is important to know that your tenancy doesn't terminate automatically upon a foreclosure. If the lender buys the property at foreclosure, the lender can't evict you as long as you pay the rent and act properly in the property.

Once the property is sold to a bona fide purchaser, you may be required to move, though not right away.

A tenant in a newly foreclosed property is entitled to a notice period before he or she may have to vacate. A tenant under Massachusetts law is entitled to a 30 days' notice to vacate before the new owner can begin an eviction proceeding. It usually takes another 30-45 days to get the matter before a judge. A judge can and will often give a tenant up to 6 more months to move where the tenancy is terminated without fault of the tenant.

Federal law (Protecting Tenants At Foreclosure Act) expands the initial 30 days' notice period to a minimum of 90 days; or, if you have a subsidized lease, the new owner may still have to honor the lease. © 2011 George Warshaw.

GWA

George Warshaw is a real estate attorney and author. He represents buyers and sellers of homes and condos in Massachusetts, and prepares wills, trusts, and estate plans. George welcomes new clients and questions at metro@warshawlaw.com.

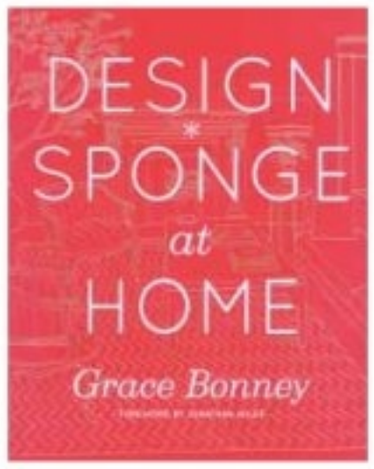
JOHNNY MILLER

▶ Grace Bonney upholstered her headboard. She'll show you how in the book and at www.designspongeonline.com

Design Sponge on your shelf

Seven years ago, Brooklyn-based writer Grace Bonney started her addictive design blog This month she released her first coffee table book We soak it up

One of the best things about sifting through the artsy homes on popular interiors blog, Design Sponge, is that no matter how spectacular a place seems, the site tells you a) where you can find the items pictured, or, b) offers step-by-step instructions on how to craft the look, an especially nice feature for the 250,000 budget-conscious and design-savvy readers who flock to the site daily. Now, founder Grace Bonney is expanding on her signature brand of sophisticated-yet-indie decorating with "Design Sponge at Home."



"There weren't a lot of books on the market that actually taught people things and also inspired them," explains Bonney. "It was one or the other. Either they inspire or teach — and if they teach they tend to be ugly paperback craft workbooks. I wanted to put out a beautiful coffee table book that's also super functional." Her new tome — filled with real-life interiors, DIY projects and flower arrangement tutorials — is bound in a beautiful red and gold Diana Vreeland-esque cover. Even if it doesn't motivate you to reupholster your old chair or hang up some art (we doubt it) it'll look gorgeous on your table.

Quoted

"If you see something in the store that costs $3,000, don't be intimidated to make your own version of it."
BONNEY

TINA CHADHA
tina.chadha@metro.us

The Boston Home Center

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Three of Bonney's favorite tips from the book:

1 "Working with a unified color palette is a great tip I learned from Nicolette Camille Owen's home. She basically painted every single room in her house a shade of blue. They all feel really different but the house flows so wonderfully. I think that's one of the hardest things if you live in a city apartment: how to get each room to have its own feeling but still feel really seamless."

2 "I really love embracing DIY upholstery. In my own house tour I upholstered my own headboard. I just used a handheld staple gun and bought fabric and did it all by myself. That project in particular showed a lot of people, and really me, that you can do it by yourself. If you see something in the store that costs $3,000, don't be intimidated to make your own version of it."

3 "For a long time I overlooked the power of flowers as a decorating tool. A lot of people feel too intimidated to make something with their own hands or they're overwhelmed by the idea of wallpapering or painting, but flowers are an inexpensive and fun way to decorate a room."

ALL PHOTOS: FROM "DESIGN SPONGE AT HOME"

▶ Owen's kitchen sink.

▶ Owen's bedroom is painted in Benjamin Moore's Hydrangea.

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